



*Monday
Adult / Youth
Bowling League*

Starting

Monday November 13th @ 6:30

12 weeks

Skipping the weeks of Christmas & New Years

Cost:

\$10.00 per person

Includes 3 Games of Bowling w/shoes

Pizza and Soda every week!

Did you know bowling.....

Improves eye/hand coordination and flexibility.

Reduces fatigue.

Good cardiovascular training.

Builds endurance.

Provides excellent competition

Most of all having fun with your child!